



SOCIAL SKILLS TRAINING

WHAT ARE SOCIAL SKILLS

Social skills are those communication, problem-solving, decision making, self-management, and peer relations abilities that allow one to initiate and maintain positive social relationships with others.

WHY THEY ARE IMPORTANT

Deficits or excesses in social behavior interfere with learning, teaching, and the classroom's orchestration and climate. Social competence is linked to peer acceptance, teacher acceptance, inclusion success and post school success.

We provide social skills training via one-on-one/group session. The groups are conducted by our psychologists, counsellors and teachers. We make sure to bring together children of similar age groups and skills.

AREAS WE WORK ON:

- How to approach another child to play together
- How to maintain conversation
- How to stay on topic
- How to deal with bullying
- Improving self esteem
- Controlling anger
- Following group rules
- Taking turns
- Behaviour management
- Parents training how to handle their child
- And more

Make an inquiry today.

CALL US AT 6100 9235 VISIT AT UNIT #07-02/03 OR
www.dynamics.com.sg/social-skills.html